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visit our rancho san diego location

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Services

▼ Full Body Massage



Swedish Massage - 60 Minutes \$80.00

Step into tranquility with our 60-minute Swedish massage, performed in the comfort of your own private room. This timeless massage technique combines long, soothing strokes with gentle pressure to melt away tension, improve circulation, and leave you in a state of blissful relaxation.

As you lie back in your serene space, our expert therapists will work their magic, easing every knot and worry from your body. Great choice if you're new to massage and/or prefer a medium pressure massage.

[Book Now](#)



Swedish Massage - 90 Minutes \$120.00

Indulge in the ultimate relaxation experience with our 90-minute Swedish massage, all in the privacy of your own serene room. This extended session allows you to fully unwind as our skilled therapists use gentle, flowing strokes to release tension, enhance circulation, and rejuvenate your entire body.

In this peaceful sanctuary, you'll have

Powered by Vagaro Salon Software, Spa Software & Fitness Software

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OPEN DAILY 10 A.M. TO 9 P.M.

ADDRESS

Happy Head Reflexology and
Massage – Rancho San Diego
2940 Jamacha Road Ste. L
El Cajon, CA 92019

PHONE

619-882-7388

Located in Rancho San Diego this Happy Head offers almost 5000 square feet to accommodate even larger parties. With plenty of free parking and lots of massage beds, this place is a premier choice for anyone looking for a great massage without the spa price. Close to La Mesa, Spring Valley, Jamul, Mt. Helix, and more. We also offer [in-home massage services](#) so that you can receive your favorite Happy Head Massage without stepping out the front door.

Wondering if we have other San Diego locations? You're in luck! We also have branches in [Carlsbad](#), [Chula Vista](#), [Downtown](#), [Chula Vista at Terra Nova Plaza](#), [Pacific Beach](#), [Point Loma](#). Come by and see your friends at [Happy Head Massage](#) today!



QUICK INFO

everything you need to know

ABOUT US

WHAT ARE THE BENEFITS OF MASSAGE THERAPY?

WHAT TO EXPECT

DEAL OF THE WEEK

FAQ

TESTIMONIALS

POPULAR

our best selling massages

ASIAN FOOT MASSAGE

ASIAN FUSION MASSAGE

DEEP TISSUE

SWEDISH MASSAGE

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As always with Happy Head, there are no obligations or gimmicks when you sign up for our mailing list... just great offers & info.

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 HAPPY HEAD MESSAGE

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